



40 days

Mar 6 – Apr 14, 2022

contents



welcome



themes
and scriptures



facilitating a
prayer group



prayer fuel
people map



prayer walking
made easy



some notes
on fasting



four column
bible studies



stories from the
Singapore harvest

welcome to the Kingdom & Harvest Prayer Guide!

As we move towards our annual celebration of Jesus' death and resurrection, many things are raising anxiety levels.

Global economic, environmental and political challenges make us wonder about the world our children and grandchildren will inherit. Covid-19 continues to throw curveballs our way, just as we think things are back in control.

Yet, we are assured of the sovereign rule of our good, just and gracious God who is building His Kingdom towards a clear end goal.

As we receive His invitation to draw near to Him, listen to Him and be taught by Him, He invites us to join Him as He extends that same invitation to people from every ethnicity, social group and geographic location.

God is raising harvest workers and teams across Singapore with a vision to see His Kingdom come and disciples made in new ways throughout the neighbourhoods, workplaces, and school communities they are placed in.

It is our prayer that you will be encouraged by some of their stories found in this resource, as well as Scriptures and tools that others have found empowering and inspiring as they partner with our Father in the harvest.

May your vision and appreciation of Him be refreshed in this season of prayer and fasting!

The Kingdom Harvest Prayer Team



themes and scriptures



Week 1 - The King

Day 1	06 Mar	Psalms 145
Day 2	07 Mar	Psalms 103
Day 3	08 Mar	Deuteronomy 10:17-22
Day 4	09 Mar	Daniel 7:13-14, 27
Day 5	10 Mar	Ezekiel 34:1-24
Day 6	11 Mar	Matthew 27:11-14, 27-44
Day 7	12 Mar	Philippians 2:5-11

Week 2 - The Kingdom

Day 8	13 Mar	Genesis 1:1-2:25
Day 9	14 Mar	Mark 1:14-15
Day 10	15 Mar	Luke 13:18-21
Day 11	16 Mar	Luke 14:15-24
Day 12	17 Mar	Matthew 18:21-35
Day 13	18 Mar	Matthew 25:14-30
Day 14	19 Mar	Matthew 25:31-46

Week 3 - The King's Vision

Day 15	20 Mar	Matthew 6:9-10
Day 16	21 Mar	Psalms 22:27-31
Day 17	22 Mar	1 Corinthians 15:20-28
Day 18	23 Mar	Habakkuk 2:14
Day 19	24 Mar	Revelation 7: 9-10
Day 20	25 Mar	Colossians 1:15-20
Day 21	26 Mar	Romans 8:18-23, Ephesians 1:9-10

REFLECTIONS

What does this passage tell us about God as King?

What are the implications for how we can follow/partner with Him?

What do I need to apply personally?

Who can I share what I'm learning with?

What does this passage tell us about the Kingdom of God?

What are the implications for how we can follow/partner with Him?

What do I need to apply personally?

Who can I share what I'm learning with?

What does this passage tell us about God's vision?

What are the implications for how we can follow/partner with Him?

What do I need to apply personally?

Who can I share what I'm learning with?

Week 4 - The Harvest

Day 22	27 Mar	Luke 10:1-3
Day 23	28 Mar	Matthew 9: 35-38
Day 24	29 Mar	Matthew 13:1-9,18-23
Day 25	30 Mar	Matthew 13:24-30,36-43
Day 26	31 Mar	Matthew 13:31-32
Day 27	01 Apr	Mark 4:26-33
Day 28	02 Apr	John 4:27-38

Week 5 - Being a Disciple

Day 29	03 Apr	John 15:1-11
Day 30	04 Apr	Luke 6:46-49
Day 31	05 Apr	John 21:15-22
Day 32	06 Apr	John 12:20-26
Day 33	07 Apr	2 Timothy 2:20-26
Day 34	08 Apr	Mark 8:31-38
Day 35	09 Apr	Matthew 7:21-27

Week 6 - Kingdom Multiplication

Day 36	10 Apr	Mark 4:1-9,14-20
Day 37	11 Apr	Luke 8:1 + 9:1-2 + 10:1-2
Day 38	12 Apr	Matthew 28:18-20, Acts 1:6-8
Day 39	13 Apr	Colossians 1:3-8, 2 Timothy 2:1-2
Day 40	14 Apr	Reflect - which Scriptures have impacted you most powerfully over the last 40 days? What has changed in your life as a result?

REFLECTIONS

What does this passage tell us about the Harvest?

What are the implications for how we can follow/partner with Him?

What do I need to apply personally?

Who can I share what I'm learning with?

What does this passage tell us about being a disciple?

What are the implications for how we can follow/partner with Him?

What do I need to apply personally?

Who can I share what I'm learning with?

What does this passage tell us about Kingdom multiplication?

What are the implications for how we can follow/partner with Him?

What do I need to apply personally?

Who can I share what I'm learning with?



facilitating a prayer group

Wondering how to facilitate a prayer meeting? There is good news!

Firstly, God is actively seeking to communicate with us. The Bible is the most obvious evidence of this.

Secondly, no matter our level of musical giftedness or theological training, we already have everything we need for people to engage meaningfully with God; God's Word and His Spirit with hearts that are fixed on Him.

Scripture is a great starting point for praying together, helping us fix our hearts and minds on things that are important to Him. We can pray with great confidence when we pray for things we are certain God desires (e.g. Matthew 6:9-10, Luke 10:2).

All we need to is create space to 'listen' to God. There are many ways to do that - here are two approaches people have found helpful

1

Scripture Springboard (less structured)

Read

Start with a passage of Scripture which focuses on something that inspires worship or intercession. The Prayer Fuel passages could be a good place to start. Slowly read the passage out loud together two to three times.

Reflect and Listen

Sit in silence and prayerfully reflect on what the passage is saying.

Pray

Respond verbally to God using themes, images or specific verses that move your heart or capture your attention.

2

Up-In-Out (more structured)

Up

Pray with a focus on the Father: His beauty and glory, who He is, what He wants and/or what He has done. Praise, give thanks and declare what He has said through the Bible. Use Scriptures as a springboard for your prayer or just pray freestyle.

Use one (or many) Scriptures as a starting point for your prayer (e.g. Ps 146, Jn 1:1-18, Col 1:12-20).

On

Pray with a focus on personal surrender and repentance. Reflect, confess and cast off everything that burdens and entangles you. Pray for one another's needs.

Possible springboard scriptures: Psalm 51, Romans 12:1-2 and Luke 9:23-25

Out

Pray for the harvest - particularly those in your immediate community. People maps (see page 10) are a helpful tool. Geographic maps of your community, the nation and the region can also be great prompts.



prayer fuel

people maps

Jesus said, "The harvest is plentiful..." (Luke 10:2), but with busy lives, mobile devices and social media feeds, it's easy for us to miss the people that God has placed in our world who are hungry to know Him."

People maps are a simple prayer tool that helps us 'listen' to what God is doing in the lives of those around us. They encourage us to pray with greater intentionality as we go about our daily lives.

How to create a people map:

1

zoom out:

ask "Father, WHO have you placed around me?"

Who are the people in the relationship networks where He has placed you? These include family, neighbourhood, workplace and social networks. A mind map can help you visualise.

2

listen:

ask "Father, WHERE are you at work?"

Put down your pen and spend some time looking over the mind map, prayerfully reflecting and listening to the Father.

As you listen, it may help to consider the following areas:

Body - How is their health?

Labour - How is their work/vocation?

Emotional - What is their state?

Social - How are their relationships?

Spiritual - What is their spirituality? How are they hungry?

3

zoom in:

ask "Father, HOW do you want to involve me?"

Pray over the names and networks on your mind map. If Bible verses, thoughts or pictures come to mind in relation to particular names or groups, jot them down and pray about them.

4

act:

As we listen and pray, God will drop creative ideas that help us respond to the needs around us in concrete and appropriate ways.

Examples could include:

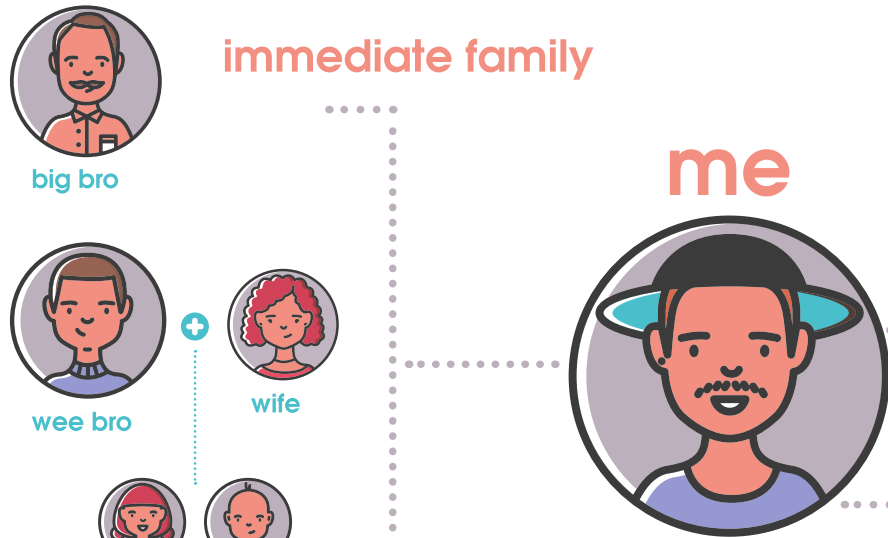
- giving a word of encouragement
- organizing practical help
- sharing a spiritual story
- continuing to pray for a person or group.



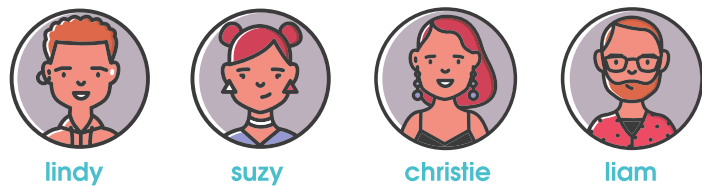
This simple tool helps us be more sensitive to God's work in the lives of the people around. With regular reflection, we will observe the spiritual hunger and change in their lives and see our people map becoming a living and growing prayer resource.

God is at work around us

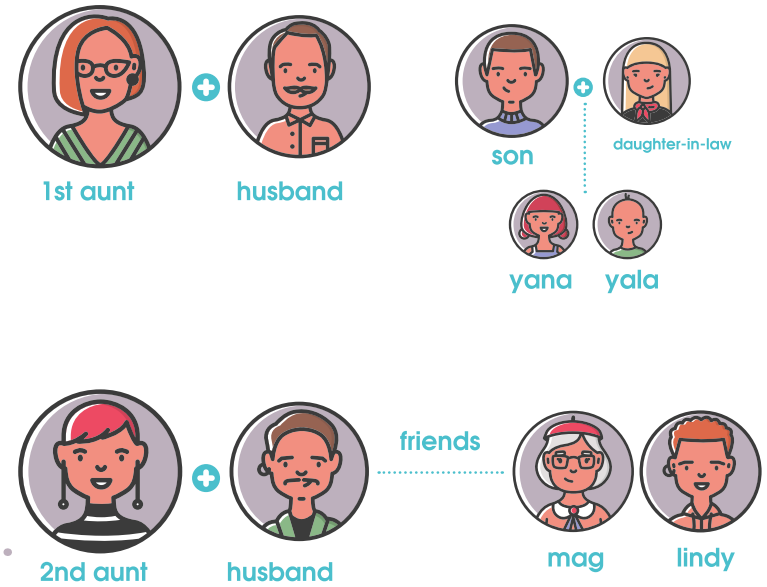
people map



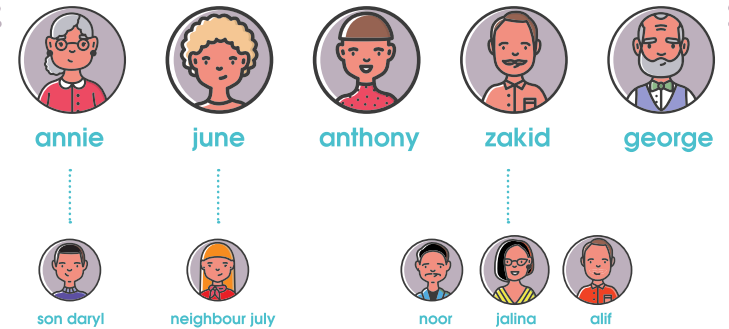
colleagues



extended family



friends





prayer walking made easy

Prayer walking is a great way to 'listen' to God as we physically go to the community God has placed on our heart. Every one of our senses become part of prayer as we are prompted by sights, smells and sounds.

As we observe gathering points and types of people in our community, we get fuel for our prayers, as well as insight into how we can meaningfully serve and contribute to our communities.

Prayer walking is a great activity to do with others who share a burden for a particular area.

There are many ways to lead a group prayer walk - here is one suggestion:

POSSIBLE FLOW FOR A 2 HOUR PRAYER WALK

- 1 **BRIEFING** (20 min)
The group discusses what they know about the area. Ask them:
 - Why do you want to prayer walk this area?
 - Are there any significant spiritual, social, historical or geographic points in this area that will help you pray?
 - What has God been saying to you about this place?

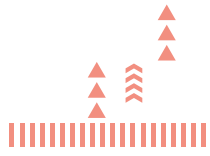
Choose a relevant Scripture to read aloud to the group and use this as a springboard for prayer.

- 2 **WALK, LISTEN AND PRAY** (1 hr 20 min)
Go in groups of two and three people and walk the area. Conversations with people may happen naturally but remember the emphasis is on listening and observing with all our senses and responding in prayer.
 - What do we see? Hear? Smell?
 - What Scriptures come to mind?
 - What is God saying?

Have someone in the group take notes of what was prayed for.

- 3 **DEBRIEF** (20 min)
Gather the group together and ask people to share what they noticed and how they prayed.
Pray together to end the time.

some notes on fasting



what is fasting?

Laying down our appetites and allowing God to be in control (Isaiah 58).

what do we fast from?



Meals



Treats



Games



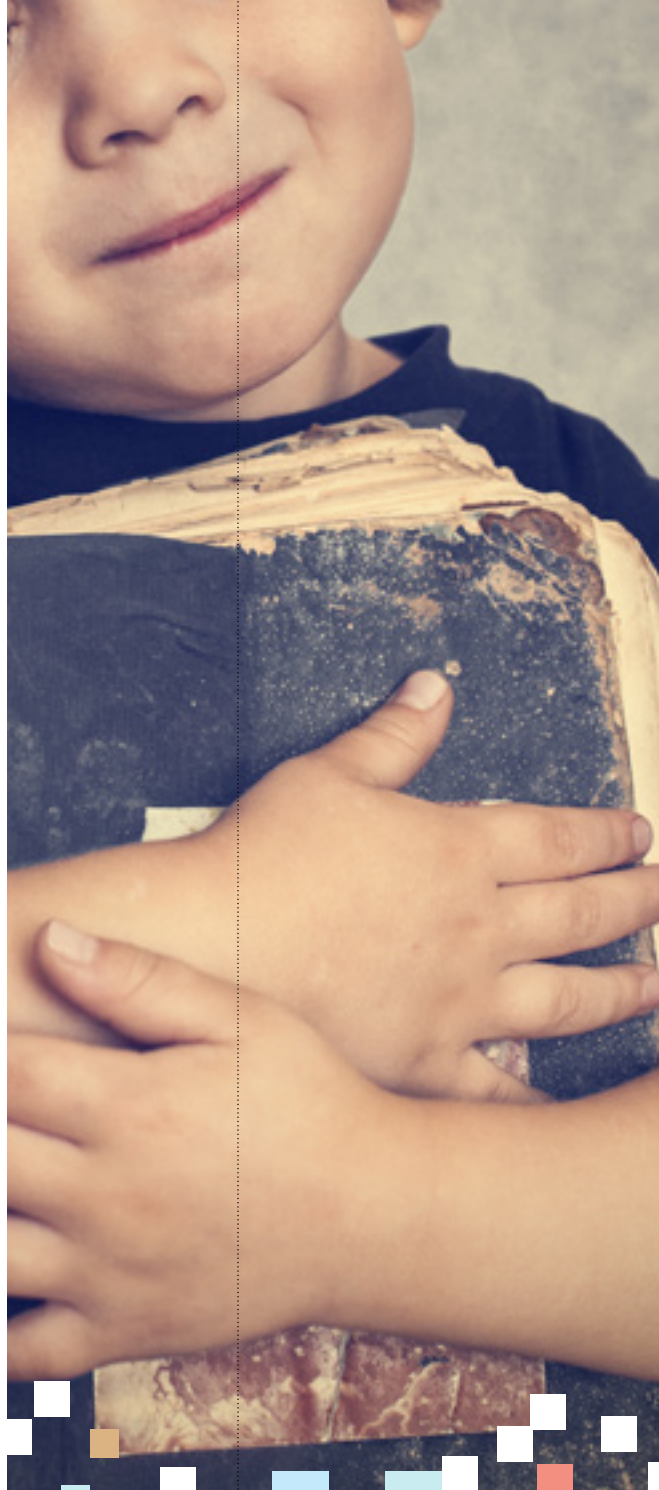
Social Media



Television

why fast?

- + Jesus fasted (Matthew 4:2)
- + Jesus appears to expect that God's people will fast (Matthew 6:17-18)
- + The early church fasted (Acts 13:2-3)
- + It was common practice in the Old Testament (1 Samuel 7:6; Nehemiah 1:4)
- + Many breakthroughs in human history have been linked to times of prayer and fasting (e.g Luther, Zinzendorf, Knox, Wesley)
- + To dedicate a time to devote ourselves to God and listen to Him, aligning our will with His
- + To humble ourselves before God and learn to depend on Him (Psalm 35:13, Ezra 8:21)



how do we fast?

Prepare spiritually by drawing close to God. Take time to ask God how you should fast.

- This could be fasting from
- A certain type of food
 - A full fast for several days
 - One meal a day for 40 days

If you are new to fasting, start gently and work up to a longer fast.

Prepare physically by reducing addictive things like caffeine, salt, and sugar a few days before starting your fast. This will help prevent headaches.

You should also gradually cut down the size of your meals rather than making large, sudden changes.

While you fast:

- + Meditate on God's Word when you are hungry for food or other distractions (Matt 4:4)
- + Stay hydrated by drinking plenty of fluids (including broths & protein shakes)
- + Be aware that you will have less energy than normal. Be sensitive to how your fasting affects those around you
- + Break your fast with small portions of food, not a huge meal
- + Guard your heart and ensure the spiritual purpose of the fast is consistent with your outward lives – our motives and attitudes are important (Isaiah 58:1-12)
- + Stop the fast if you are sick, pregnant, breastfeeding or aggravating prior conditions. Check with your doctor if unsure

four column bible studies



Often, we read the Bible in a hurried skim. We might read passages we are so familiar with that we no longer see the words on the page. God's words are further drowned out by a sea of commentators and voices adding their own thoughts to these passages .

God has spoken profoundly through Scripture. He desires to deepen our understanding of Him and His ways, who we are and His invitation to us. The challenge for us is to slow down and hear what God is saying.

Here's a simple way to soak in the Word sufficiently to hear God's message for us.

A FOUR COLUMN BIBLE STUDY

- + Get a notebook, fold each page to get four half-page columns.
- + Choose a Bible passage you want to reflect on:
 - Column 1 Write out the Bible passage, word for word.
 - Column 2 Write the passage in your own words.
 - Column 3 Note down any general observations, questions or reflections you have.
 - Column 4 Write down how you will apply what you have learned. Express these as "I will..." statements and aim for something concrete and measurable, (i.e., S.M.A.R.T. goal).

Note!

When choosing a passage, aim for 3 to 10 verses using natural breaks in the passage.

As you go through the study, don't rush the process – be prayerful and reflective. Allow 20-30 minutes, even if you're only doing two to three verses.

SOME PASSAGES YOU COULD USE

Here are three Bible passages you could explore on the topic of prayer, broken into 7 daily sections:

Passage 1: Luke 11:1-13

1. Luke 11:1-4
2. Luke 11:5-13

Passage 2: Matthew 6:1-21

3. Matthew 6:1-6
4. Matthew 6:7-15
5. Matthew 6:16-21

Passage 3: Ephesians 6:10-20

6. Ephesians 6:10-15
7. Ephesians 6:16-20

NEXT STEPS

Consider using the Four Column Study approach for the passages in the Prayer Fuel section.

10-11-2020

Luke 11:1-4 Now Jesus was praying in a certain place, and when he finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples."	his disciples was asking Jesus to teach them how to pray because John has taught his disciples "how to pray"	Jesus said to his disciples not to pray repetitive vain prayers and strangely enough, he immediately asked the disciples to pray in a particular way.	My Goals -----
And he said to them, "When you pray, say:	And Jesus obliged with a sample prayer	Are we guilty of vain repetitive prayers as we recite this "Lord's prayers"?	
"Father, hallowed be your name. Your kingdom come. Give us each day our daily bread, for we ourselves forgive everyone who is indebted to us. And lead us not into temptation."	"Father, hallowed be your name. Your kingdom come. Give us each day our daily bread, for we ourselves forgive everyone who is indebted to us. And lead us not into temptation."	What is the purpose of praying this Lord's Prayer?	



T



I



O



E



S



R



S



见



证



God's Abundant Provision

“Reading with Marginalised Kids and their Families” is a reading program that has gathered a number of children of incarcerated parent(s). We watched God birth this initiative where every need and resource is provided for, in His time.

Every Monday, we spend an hour together, reading with the children. This time has allowed us to connect further with their caregivers, of which most are single mums. We had the opportunity to pray, share scriptures and words of affirmation that encouraged them.

The highlight was two Zoom Christmas parties in the reading program with 15 children of incarcerated parents/low income families. We celebrated with games, crafts, testimonies, and discovery stories of the birth of Jesus and Jesus feeding the 5,000 people.

Here are some of the responses when the kids were asked about their take-aways from the parties:

“I like the story of when Jesus was born”

“I like everything”

“I want to learn to be kind like Jesus”

“Believe that God is real and He will help as we go to Him”

“That miracles are real”

Most of these kids (and their carers and siblings listening in the background) will never step into a traditional church service. Please pray that the seeds sown would flourish and they would experience Jesus in their lives.

Moved by Compassion

At the start of the Covid-19 outbreak in early 2020, Imran, a devout neighbour, shared that his father was in coma. During our nightly prayer time with our children, I brought up Imran and his father’s current condition. My son Nathan, who was 5 years old then, initiated to visit and pray for him. I relayed this to Imran and he arranged for our visit.

When we arrived at the hospital, the staff was not keen on letting Nathan enter the ward. There were Covid restrictions in place to protect the young and vulnerable. They offered to look after him at the visitor registration counter while I made a quick visit to the ward. I explained that Nathan was the reason we were at the hospital as he wanted to visit the patient. After much deliberation with their operations manager, they finally let both of us in.

Both Imran and his mum were by his father’s bedside and they thanked us for the visit. Imran’s mom especially enjoyed the interactions with Nathan. She engaged animatedly in storytelling while they enjoyed observing the little aquarium together.

When it came time to leave, I asked Imran if Nathan could pray for his father and he welcomed it. I encouraged Nathan to pray all that was in his heart for the father who was lying in coma. After pausing for a moment, Nathan prayed the Aaronic blessing over Imran’s father.

*“The Lord bless you and keep you;
The Lord make His face shine upon you,
And be gracious to you;
The Lord lift up His countenance upon you,
And give you peace.”*

Imran smiled and praised Nathan for having a faith of his own and praying from his heart and will.

A few weeks later, Imran’s father passed on. Imran expressed his appreciation for our love and presence with his family in those difficult days. Today, the relationship, trust, and support continue to grow between our families and we anticipate the day when it will lead to welcoming them into the family of God.



A Symphony of Prayer

Eddie, a team member's brother-in-law, had underlying health issues and was undergoing kidney dialysis. When he was infected with Coronavirus, he was admitted to the hospital in critical condition. His wife, Eda, was desperately fearful of losing him. At the drop of a hat, we activated our team to pray in the dead of night. Eda, along with her 4 children, joined us on Zoom, and were in tears by the end of our time together.

Whenever Eddie's condition became critical, we would gather to pray and he would show improvement the next day. The hand of God was consistently involved and evident. This continued over a few occasions and Eda was propelled to make a stand before God. "God, if Eddie were to recover, my family and I would believe," she cried.

Daily new cases of Coronavirus were rising furiously and the frontline medical teams were overwhelmed and stretched with the increasing weight of duty. One time, we prayed for God's favour to be upon Eddie and asked for close attention to be directed towards him. At a most critical stage, Eddie was experiencing critically low blood pressure and extreme breathlessness. Then, he was put up in a ward shared amongst 5 other patients and was on the waitlist for the ICU (Intensive Care Unit). Eventually, Eddie did not get to the ICU but the ICU got to him. The ICU team was deployed to his ward and he received timely treatment that led to his recovery and discharge.

Through time, tests and trials, we have come to see the truth in God's word.

"Again, I give you an eternal truth: If two of you agree to ask God for something in a symphony of prayer, my heavenly Father will do it for you. For wherever two or three come together in honor of my name, I am right there with them!"
Matthew 18:19 - 20 TPT

Since then, Eda began asking many questions about Jesus, a Discovery Bible Group was started and the family are now actively following Jesus.

Faith at Work

One company's CEO is a fervent believer of the Lord Jesus Christ and a witness of his testimony. Along with tangible works of faith, he had led colleagues into the family of God. The Christian community in the company includes new believers, matured disciples and those in between.

One Friday morning, the staff embarked on a Discovery Bible Study (DBS) and have gathered every week since. With each session, they are led into a discovery of God in His Word that leaves them with the experience of great joy. They take turns as facilitators and have come to a resounding realization that anyone is empowered to do this with others.

When the turn came for a pair of "young Christians" to facilitate DBS with colleagues, they felt deeply inadequate for the role, with the little knowledge they had of the scriptures. Encouraged by the curiosity and "hunger" of the group to discover and learn more, they began to grow in their desire to be disciples who make disciples.

This homegrown community is now experiencing and expressing the presence of God beyond the walls of church, in the very midst of their work. They know they can pray and commune with God at any time. They are also learning from the Word as the model for their relationships, working and caring for one another as one connected body. They are praying passionately for the birth of DBS groups to grow and multiply beyond their immediate connections.

Partnering with God

The “40 days Prayer & Fast” I attended in 2017 marked a milestone that catalysed prayer in my life. With fresh zeal, I was inspired to seek God of His vision for my work, neighborhood and me. At that time, I noticed some events happening within my neighbourhood and concern grew within me. That sparked an invitation to a few friends to join me on a prayer walk in my vicinity.

Over the years, we persevered in prayer for the Lord of the harvest to send His workers to labour alongside us. We have since witnessed a change of management at the Senior Activity Centre (SAC). The new SAC team was made up of many workers whom I had known personally from my father’s church.

I also met a friend who turned out to be living in my neighbourhood. Together, we initiated a regular rhythm for our prayer walks. As we continue to seek God together in prayer, we are watching a bigger scheme of God’s plans unfold and unravel.

Through these years of prayer, God has demonstrated His faithfulness in the doors He had opened and the work made possible out of His hand and our partnership with Him. We are seeing the dynamic evolution of God’s initial work and new developments involving the participation of grassroots leaders. We have had growing opportunities to volunteer at the SAC, connect and engage in God’s word, parables and spiritual conversations with both SAC and its resident seniors. More harvest workers were also added to us, joining hearts with ours in prayer.

Today, I have learnt the key of perseverance in constant prayer and focus on the vision God first implanted in my heart. I continue to ask God the question, “How can I partner You in Your work in my community?” Our desire is to seek God for our next steps, not lose sight of Him in our pursuit of the work and to remain steadfast on His will and vision, partnering Him in His work.

From Person of Peace to Kingdom Come

“Community”, the word I received from God in 2014, began my journey into His harvest. However, I had no context to what it entails until a friend and I heard about a ministry for elderly folks, gathering under the void deck of a neighborhood.

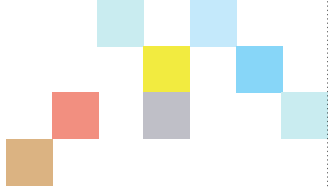
One morning, we joined them and experienced “church beyond walls”. After the session, we accompanied an elderly lady home and through subsequent visits to her home, God led us to relate to other elderlies in the neighborhood.

Not long after, I was approached to engage another group of elderly ladies of the same neighborhood. Collaborating with a cafe and Senior Activity Center (SAC) in the vicinity, we organized workshops that en-skilled them with craft making techniques to earn a small allowance. Through this, I befriended two ladies who subsequently invited me into their homes where I was given the opportunity to share God’s Word with them.

Three years later, I was connected to the Disciple Making Movement (DMM) Community in Singapore through prayer and joined their training sessions. That ignited my journey of rediscovering the major themes of the gospel- God’s kingdom, evangelism and discipleship. I received the great commission with a renewed mind to seek the lost and journey with them that they may walk in obedience to Christ.

At one training session, we were learning about the Person of Peace (POP) and God led me into an encounter. I met a lady while on a prayer walk and she spontaneously invited me into her home. She served me food, accepted my peace and was open to prayer and spiritual conversations. She even let me visit her neighbors, relatives, family and ex-husband in prison. I had found a POP!

I started journeying with her and a few other elderlies through storytelling or reading of bible passages in



discovery style. I also learnt to share my life and spirituality transparently where truth about God is woven within the conversations that happen naturally in our time together. I began to watch lives transform, little by little, as they progressed on their journey of faith towards Christ.

Mdm Lau is a testament to a life in progressive transformation. We used to be at the beck and call of this feisty Cantonese lady who often directed snide remarks at us. However, in recent years, we witnessed some changes. Mdm Lau is still not tactful but definitely more kind and appreciative toward others.

Despite identifying herself as a Taoist, she had no qualms about proclaiming the works and fingerprints of God in her life with timely provision and answered prayers in the name of Jesus. Recently aunty expressed a desire to give up idol worship and be baptized. Along with her, we are seeing others in the neighborhood coming together to look out for one another. The kingdom of God has come in this harvest community!

Jan is yet another POP, an answered prayer from God. We had been praying for open doors that would connect us to more people and we met Jan on a prayer walk.

She is an influential community leader with a heart for low income households in the neighborhood. Although she and her team of 12 volunteers hailed from a different faith, religion and ethnicity, we were invited to join them.

Gradually, we connected to more residents and engaged some in their homes. Sometimes we experienced hospitality, and other times, apprehension, suspicion and rejection. Over time, with continuity and sincerity of our efforts, we saw a change of heart towards our presence.

A resident who ignored us in our initial visits, started to talk to us and serve us drinks. During the visit, we were given the space to share our lives as a family with them. We encouraged them, in their challenging situation, with the story of Noah and they received our prayers.

With considerable challenges still ahead in our journey, we continue to pray and rely on the Holy Spirit to guide us and watch God's move and direction. We are in anticipation of how God will lead us to establish common ground and overcome our cultural differences with these families and communities for the Kingdom.

40 Hour Prayer Chain

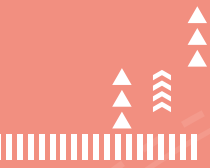
In 2021, we surrounded Singapore physically in prayer. This year, we aim to cover Singapore with 40 hours of unceasing prayer and fasting!

Groups and individuals can sign up for one or more 1-hour slots between 8pm Friday, March 4th to 12pm Sunday, March 6th.

Grab your friends or team and sign up at <https://kingdomharvestprayer.org/40-hour-prayer-chain/>

You can also use the following QR code:





FOR MORE INFORMATION visit www.kingdomharvestprayer.org